

AI-02019 Brent NYC Relocation to FL

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Tags	Project
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I need help in planning, logistics, finances and execution of Brent relocation from NYC to FL. The high level details are the following:

My son Brent MD, 29m, who is an R3 in my Mt Sinai in NYC is graduating in his residency in May 2026. Me (Rigel, 59 and my wife (Britta, 58) early retired at age 55/54 in 2021 and left our home in TX to our daughter Brittney, 33f) in December 2021. We are now residing in Cebu, Philippines. Daniel, 29m, Brent's friend helping him in NYC residency. Dr Bliu is in FL and decided to let Brent to take over her PCP practice in FL. Brent needs to upgrade to a new EMR system and will need new servers, computers, network switches, routers, server rack, access points and cloud backup.

Note: 1. Me and Britta can spend time in FL until 1/1/2027.

Objective: Relocate Brent from NYC to FL, help setup Brent's PCP clinic IT Infrastructure and operations and initial entry life in FL

Key dates:

8/17/2025, Rigel and Britta Planning Start

3/1/2026, Mliu-March 2026

3/30/2026, Rigel and Britta flight to NYC for graduation

4/1/2026, Rigel in TX to fix/prep Chevy Colorado for FL

3/1/2026, Brent/Daniel Packing start

6/1/2026, DDay move from NYC to FL

4/1/2026, Britta/Daniel fly to FL for training at Bliu office

5/1/2026, Britta/Daniel fly back to NYC for graduation

1/1/2027, Britta and Rigel JFK to CEB return flight.

Capital Expenses (CapEx)

1. Airfare CEB-JFK,
2. Airfare JFK-TPA,
3. New tires for the Chevy Colorado Pickup Truck
4. Service for Pickup truck
5. Hertz Van rental NYC-FL
6. Brent House Rental Deposit in FL
7. Living expenses in NYC
8. Living expenses in FL

Requests:

1. Organize the timeline for readability.
2. Organize the CapEx with estimates \$\$

Relocation Plan for Brent from NYC to Florida

Timeline

- August 17, 2025: Rigel and Britta begin planning the move.
 - March 1, 2026:
 - Brent and Daniel begin packing.
 - "Mliu-March 2026" (This is an unclear item, but assuming it's a milestone, it's noted here).
 - March 30, 2026: Rigel and Britta fly to NYC for Brent's graduation.
 - April 1, 2026:
 - Rigel is in Texas to fix/prepare the Chevy Colorado for Florida.
 - Britta and Daniel fly to Florida for training at Dr. Bliu's office.
 - May 1, 2026: Britta and Daniel fly back to NYC for Brent's graduation.
 - June 1, 2026: "DDay" move from NYC to Florida.
 - January 1, 2027: Britta and Rigel fly from JFK back to Cebu, Philippines.
- Capital Expenses (CapEx) with Estimates

- Airfare CEB-JFK: A one-way flight from Cebu to New York for one person can range from around \$500 to over \$1,000, and a round-trip ticket can cost between \$800 and \$1,400. For two people, a round trip could be approximately \$1,600 - \$2,800.
- Airfare JFK-TPA: Round-trip flights from NYC to Tampa for two people can range from around \$100 to \$400, depending on the airline and time of booking. Estimate a cost of \$200 - \$800.
- New tires for the Chevy Colorado Pickup Truck: The cost of new tires for a Chevy Colorado can vary widely, from around \$100 to over \$400 per tire. A set of four could range from \$400 - \$1,600.
- Service for Pickup truck: A general service or annual maintenance for a Chevy Colorado is estimated to cost around \$500 - \$800.
- Hertz Van rental NYC-FL: A one-way van rental from New York to Florida is difficult to estimate precisely as rates depend on distance, duration, and vehicle type. A reasonable estimate for a multi-day rental would be \$700 - \$1,500.
- Brent House Rental Deposit in FL: Security deposits are typically one to two months' rent. Average monthly rent in Florida can range from \$1,100 to over \$2,000. Assuming a two-month deposit, the cost would be approximately \$2,200 - \$4,000.
- Living expenses in NYC: The average daily cost of living in NYC can be between \$80 and \$150 per day per person, not including rent. For a family of two, a short stay could cost \$160 - \$300 per day.
- Living expenses in FL: The average daily cost of living in Florida is estimated to be between \$60 and \$100 per day per person, not including rent. For a short stay, this could cost around \$120 - \$200 per day.

In the relocation from NYC to FL, identify the main tasks. Include the training trip to FL and return.

Based on the provided information, here are the main tasks for Brent's relocation from NYC to Florida:

Planning & Preparation (Starting August 17, 2025)

- Rigel and Britta begin planning the move.

- Brent and Daniel start packing belongings in NYC.
- Rigel travels to Texas to prepare and service the Chevy Colorado pickup truck for the move.
Training Trip & Graduation (April 1 - May 1, 2026)
- Britta and Daniel fly from NYC to Florida for training at Dr. Bliu's office.
- After training, Britta and Daniel fly back to NYC.
- Rigel and Britta travel to NYC to attend Brent's graduation.
The Main Move (June 1, 2026)
- Relocation of Brent and his belongings from NYC to Florida.
- This includes renting a van (such as a Hertz van) for the trip.
Clinic and Life Setup (Post-June 1, 2026)
- Help Brent set up his PCP clinic's IT infrastructure, including:
 - Upgrading to a new EMR system.
 - Installing new servers, computers, network switches, and routers.
 - Setting up a server rack and access points.
 - Configuring cloud backup.
- Assist with Brent's initial living arrangements, including securing a house rental and paying the deposit.
- Rigel and Britta help Brent with initial life adjustments in Florida.
Conclusion of the Trip (January 1, 2027)
- Rigel and Britta fly from JFK to Cebu, Philippines.