

# AI-03387 Dislike Hints

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## List 22 phrases /behavior when people disliked you secretly but can't say it.

Here are 22 phrases and behaviors people often display when they secretly dislike you but can't openly say it. Individually they're ambiguous; in clusters, they're revealing.

### Verbal Phrases (Passive, Polite, but Dismissive)

1. "Oh... interesting."  
→ Non-committal, emotional withdrawal.
2. "If that works for you."  
→ Subtle distancing and judgment.
3. "I didn't realize you were doing it that way."  
→ Implicit criticism framed as surprise.
4. "Must be nice."  
→ Envy + resentment disguised as praise.
5. "You always have an answer, huh?"  
→ Resentment toward competence or confidence.
6. "I was just joking."  
→ Testing boundaries; retreating when called out.
7. "No offense, but..."  
→ Preemptive shield for hostility.
8. "That's one way to look at it."  
→ Dismissal without engagement.
9. "We should catch up sometime." (never follows through)  
→ Social evasion.

10. "I didn't think you'd care about that."  
→ Minimizing your values.

11. "You're so confident." (flat tone)  
→ Backhanded compliment.

### **Behavioral Signals (More Reliable Than Words)**

1. Delayed responses when they reply quickly to others.  
→ Priority signaling.
2. Praise in public, undermining in private.  
→ Image management + rivalry.
3. They remember your mistakes but forget your wins.  
→ Selective memory bias.
4. Minimal eye contact when you speak, sudden engagement when others talk.  
→ Attention withdrawal.
5. They interrupt or "correct" small details.  
→ Power assertion.
6. They ask questions but don't listen to the answers.  
→ Performative politeness.
7. They mirror your words sarcastically later.  
→ Covert mockery.
8. They exclude you from minor decisions "by accident."  
→ Soft exclusion.
9. Energy drop when you enter the room.  
→ Affective contagion reversal.
10. They share your personal info "casually."  
→ Boundary disrespect masked as openness.
11. They only support you when it costs them nothing.  
→ Conditional goodwill.

### **A Useful Heuristic**

Dislike hides in inconsistency.

Warm words + cold actions = data.

If you want, I can also:

- Group these into workplace vs family vs social settings
- Show how to respond without escalating
- Contrast secret dislike vs social anxiety vs cultural reserve

Just say the word.