

AI-03425 Relationship Rules

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Got it — clean, simple, no fluff. Here's a pared-down version of the rules, distilled to what actually matters:

16 Simple Rules for a Relationship That Lasts

1. Talk—don't punish with silence
2. You're a team, not competitors
3. Handle problems between the two of you
4. Stop keeping score
5. Respect each other's space
6. Take feelings seriously
7. Don't drag up the past
8. Never use weaknesses as weapons
9. Defend your partner in public
10. No comparisons
11. Finish the fight—repair matters
12. Say thank you often
13. Keep private things private
14. Say what you need—clearly
15. Keep flirting
16. Give grace—both of you are human

If you compress it even further, it boils down to:

- Be kind
- Be honest
- Be loyal
- Be curious
- Be repair-oriented

If you want, I can:

- Reduce this to 5 non-negotiable rules
- Translate it into Gottman-style principles
- Convert it into binary heuristics (do / don't)
- Apply it to a specific age, culture, or relationship stage

Just say the word.